

Working with personal fall protection-basic

AV006 working at height training - VCA

Goal

Point 3.2 of the VCA checklist demands that all operational personnel should follow a VCA safety training . The VCA/SCC for operational supervisors training offers an overview of basic knowledge on a whole range of risks and preventive measures.

Candidates

The candidates should be medical fit to work at height.

Content of the training

- Content of a safety function
- Work permits and their implementation
- Danger and risk of falling
- Inspection, maintenance and care of fall equipment
- Forces that work in case of a fall, fall absorption
- Aspects of an anchor point
- Use of fall equipment
- Working at height
- Electricity
- Personal Protective Equipment/Collective Protective Equipment
- Signalization
- Examination by an independent third party

Documentation

A paper syllabus is given with the content of the training per candidate. When the candidate passes the examination, a 10 year valid VCA certificate is given.

Languages

The training as the examination is possible in several languages. Common languages are : Dutch, French, English and Spanish. Other languages upon request and possibility

Duration

1 days training. From 8h30 till 16h with a lunch break, ½ day theory and ½ day practical training

Examination

The examination is done by a practical test at the end of the training